

## **MEHTA ORTHODONTICS COVID-19 MANAGEMENT PROTOCOL**

Mehta Orthodontics, together with NSW Health, Australian Dental Association (ADA) and the Australia Society of Orthodontists (ASO) are taking steps to make sure our clinic remains as safe as possible during the COVID-19 virus pandemic.

To protect our Team, our patients and the greater community, we are implementing the following plan:

1. Hand hygiene and cleaning practices with our office and clinical area will continue to be emphasised to reduce the spread of any infections.
2. Be aware of the following prior to and whilst you are in our office:
  - a. Clean your hands thoroughly for a minimum of 20 seconds prior to entering our office with soap and water or an alcohol-based hand rub (we are providing these for your use throughout our office).
  - b. Keep your hands clean:
    - i. Before entering an area used by other people
    - ii. After using the bathroom
    - iii. After coughing or sneezing
    - iv. After eating food
3. Practice good cough/sneeze etiquette by keeping away from other people, using disposable tissues or clothing (i.e. into your elbow), disposing of tissues straight away and cleaning your hands afterwards.
4. If you have a cold, flu, runny nose, cough or believe you may be coming down with any respiratory illness, as a courtesy to other patients and our staff, please get tested and call to reschedule your appointment.

For more helpful information, please visit [www.health.nsw.gov.au](http://www.health.nsw.gov.au)

If you are unsure about what to do or have any concerns, please contact our office on 8883-4444.

We are committed to making sure we provide care for our patients in the safest possible environment.

